Gelmix is manufactured at a GMP (Good Manufacturing Practice) plant holding a USDA organic certification by Quality Certification Services (QCS). Each batch undergoes strict quality control testing with necessary precautions to ensure its safe use with infants.


Organic tapioca maltodextrin is an easily digestible polysaccharide used as a food additive, derived from the cassava root. Maltodextrin is widely used in commercial thickeners, however most often it is derived from corn. Gelmix does not contain corn or any other common allergens.


Calcium Carbonate is a naturally occuring mineral and is added for its anti-caking properties to improve the consistency of Gelmix.


To moderately thick liquids are more difficult to pass through a nipple/teat and may be too thick for infant use. This difficulty may increase risk of dehydration due to poor oral intake. Cichero, Julie AY, et al. “The need for international terminology and definitions for texture-modified foods and thickened liquids used in dysphagia management: foundations of a global initiative.” Current physical medicine and rehabilitation reports 1.4 (2013): 284.
INSTRUCTIONS FOR PREPARATION AND USE
Always wash hands thoroughly with soap & water and sanitize bottle and/or pitcher before preparation. For best results, mix Gelmix powder into lukewarm liquid (about 100°F) per dosage recommendations below. Mix well until powder is completely dissolved. Allow to thicken 5 minutes, then mix again before serving. Always test temperature before feeding. Discard leftover preparation.

DOSAGE RECOMMENDATIONS

- **SLIGHTLY THICK** (AKA THIN NECTAR)
  Add 2.4g* Gelmix for every 5-6 ounces of liquid

- **MILDLY THICK** (AKA NECTAR)
  Add 2.4g Gelmix for every 3-4 ounces of liquid

- **MODERATELY THICK** **(AKA HONEY)**
  Add 2.4g Gelmix for every 2 ounces of liquid

*Gelmix jars include a 1.2g scoop (½ serving) for mixing smaller increments, 2.4g equals TWO scoops or a single serving 2.4g packet.

**Moderately thick liquids are more difficult to pass through a nipple/teat and are NOT typically recommended for infants. This difficulty may increase risk of dehydration due to poor oral intake.

TIPS FOR USE
- Freshly expressed breast milk at body temperature, or warmed to about 100°F, is sufficiently warm. Take care not to excessively heat liquids; excessive heat may cause the Gelmix to clump and may reduce the nutrient balance of infant milk.

- Gelmix may be prepared with most liquids in advance; always follow storage instructions of the prepared liquid and discard after 24 hours.

SERVINGS PER CONTAINER

- **GELMIX 4.4oz Jar (125g)** contains 52 servings, thickening 312 fl oz to Slightly Thick; MSRP $24.95
- **GELMIX 2.4g Stick Pack Box** contains 30 individual serving packets, thickening 180 fl oz to Slightly Thick; MSRP $19.95

AVAILABILITY

Gelmix is available at select local retailers, pharmacies and DME providers. Visit our website for a current list of retailers near you.

Gelmix may also be purchased online at gelmix.com or Amazon Prime.

Retailers and healthcare facilities are eligible to purchase Gelmix at a wholesale rate. Contact us for more information and pricing.

CONTACT
Parapharma Tech, LLC
14149 NW 8TH ST
SUNRISE FL 33325-6268
866-950-7278
contact@gelmix.com

Supplement Facts

<table>
<thead>
<tr>
<th>Serv. Size</th>
<th>2 scoops (2.4g)</th>
<th>Servings Per Container</th>
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<tbody>
<tr>
<td>Amount/serving</td>
<td>%DV for Infants</td>
<td>Calories</td>
<td>%DV for Infants</td>
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<tr>
<td>Fiber</td>
<td>1g</td>
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*Daily Value (DV) not established


* When thickening is deemed medically necessary, some insurance providers do cover Gelmix under HCPCS Code B4100 under Durable Medical Equipment (DME) billing. Check with your insurance carrier or your local state Medicaid/Medicare office for specific coverage regulations and restrictions. Gelmix does not carry an NDC code. NDC codes are reserved only for OTC and prescription drugs, not dietary supplements.

Ingredients: Organic Tapioca Maltodextrin, Organic Carob Bean Gum, Calcium Carbonate