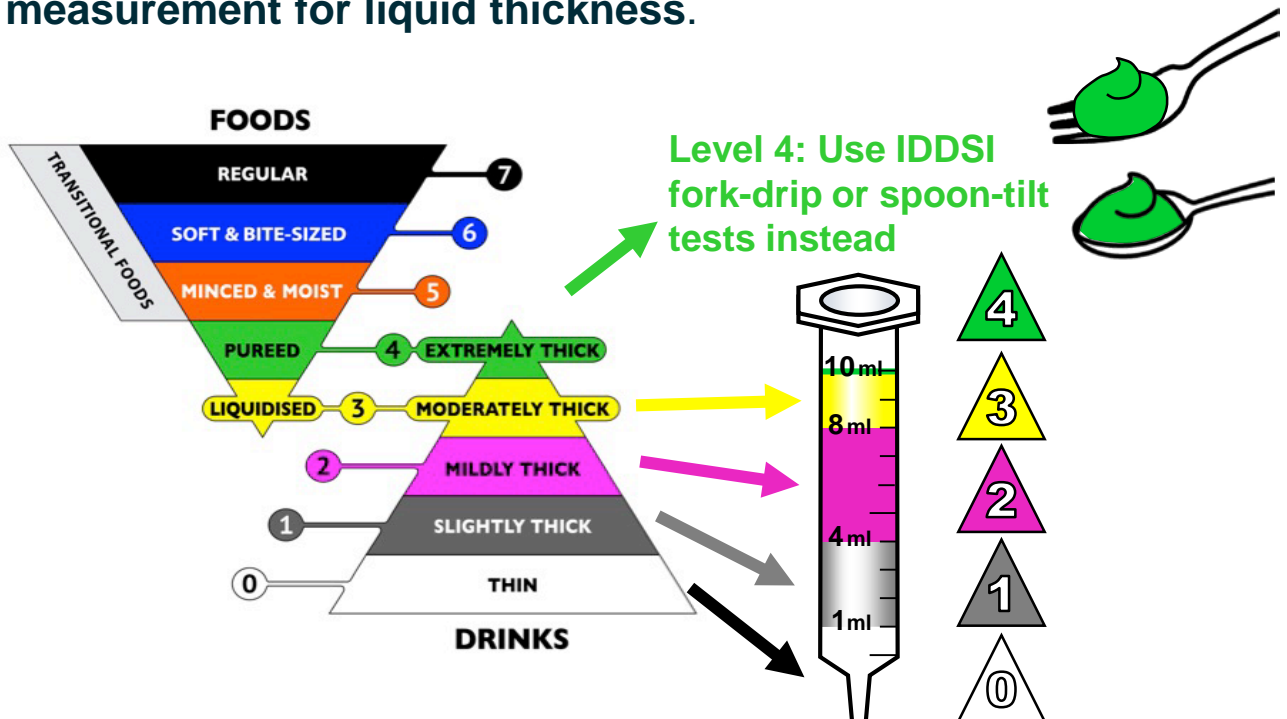
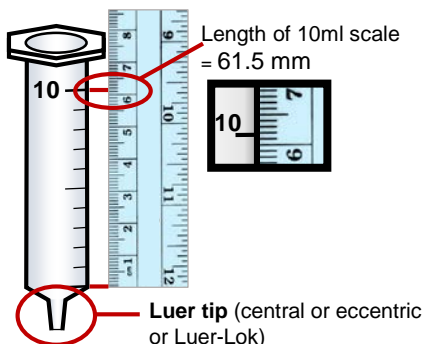


The International Dysphagia Diet Standardisation Initiative (IDDSI) framework of terminology and definitions includes an **objective measurement for liquid thickness**.



The **IDDSI flow test** classifies **IDDSI Levels 0-3** based on their rate of flow.

Use a syringe (following syringe dimensions as per image below) for correct results.



**DISCOVER MORE ABOUT IDDSI**

Visit: [IDDSI.org](http://IDDSI.org)

Follow on Twitter: [@IDDSI\\_org](https://twitter.com/IDDSI_org)

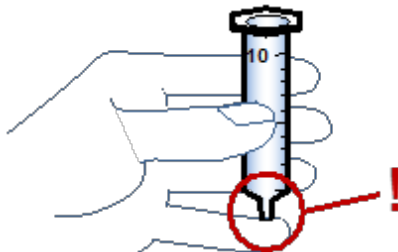
Download the IDDSI App:



# IDDSI flow test - instructions

Videos of IDDSI flow test can be found here:  
<http://iddsi.org/framework/drink-testing-methods/> or  
in the IDDSI App

**1. Remove  
plunger**



**Check the nozzle is  
completely clear before use**

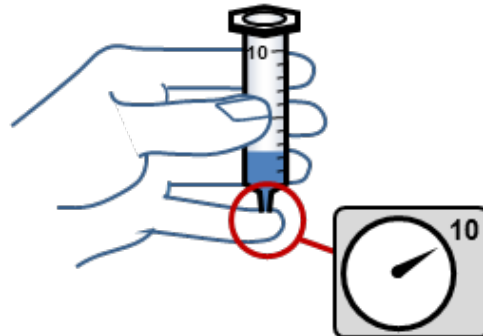
**2. Cover nozzle  
with finger and  
fill 10ml**



**3. Release nozzle &  
start timer**



**4. Stop at 10 seconds**



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