



gelmix[®]
INFANT THICKENER



FOR BREAST MILK & FORMULA

Safe for Infants

Use with term infants weighing at least 6 pounds. Do not use with preterm infants until 42 weeks postmenstrual age.

Better for Food Sensitivities



CORN FREE



DAIRY FREE



SOY FREE



GMO FREE



GLUTEN FREE

Supplement Facts

Serving size 2.4g (1 stick OR 2 scoops)

	Amount Per Serving	% Daily Value for Infants through 12 months
Calories	10	
Total Carbohydrates	2g	2%
Dietary Fiber	<1g	
Calcium	10mg	4%

Ingredients: Organic Tapioca Maltodextrin, Organic Carob Bean Gum, Calcium Carbonate.



Healthier Happier Feeding

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contact@gelmix.com
866-950-7278

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PEDIATRIC
#1
CHOICE

For Visible
Spit-Up &
Feeding
Difficulties

gelmix[®]
INFANT THICKENER

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BROUGHT TO YOU BY
parapharmatech

Thickening may help reduce spit-ups in some infants.*



Always wash hands thoroughly with soap and water before preparation.

Warm 6 fl. oz. of bottled milk to lukewarm temperature (~100°F). Freshly expressed breast milk at body temperature is sufficient.



Sprinkle 2.4g (2 scoops or 1 stick) of Gelmix powder into the milk.

Cap the bottle and mix well for 30 seconds until the powder is fully dissolved.



Wait 5 minutes for bottle to thicken and cool. Mix again and test temperature before feeding. Discard one hour after feeding begins.

Start with the smallest amount needed to achieve desired thickness. Increase gradually if needed. Consult your healthcare professional for individual feeding guidance. Some infants experience temporary gassiness or changes in stool when thickened feedings are first introduced. These effects typically resolve within 1-2 weeks or with a temporary adjustment in the amount used.

Scan for recipes designed for use with the IDDSI Framework (dysphagia/feeding difficulty) or visit [gelmix.com/recipes](https://www.gelmix.com/recipes)



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Gelmix Compared to Cereals



	Infant Rice Cereal	Infant Oatmeal
Thickens Breast Milk	YES	NO
Thickens Formula	YES	YES
Causes Constipation	NO	20%
Amount Added per 6 fl. oz.	1 tsp	6 tsp
Calories Added per 6 fl. oz.	10 calories	30 calories

Advance Preparation and Storage

Freshly expressed breast milk and most types of prepared infant formula may be thickened with Gelmix up to **24 hours in advance**. Refrigerate immediately in a clean, sealed container.

Before feeding, mix again. Gently rewarm or serve cold—cold feedings will be thicker. For feeding difficulties, confirm the consistency at the temperature served. Never microwave.

Follow the formula label and CDC guidance. When instructions differ, use the shorter storage time.

Learn more: [gelmix.com/advanceprep](https://www.gelmix.com/advanceprep)



Helping Families in Need

Medicaid patients that are denied coverage may be eligible for our patient assistance program to purchase Gelmix at a reduced cost.

For More Details
[wecare.gelmix.com](https://www.wecare.gelmix.com)

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