



purathick®
NATURAL THICKENER

thickens **hot** and **cold** liquids



SIMPLE, QUALITY INGREDIENTS

Made with organic tapioca maltodextrin and a natural plant based gum, tara gum, Purathick is vegan, non-GMO and Certified Kosher Natural. It is also free of common allergens, including corn, wheat, gluten, soy, whey, casein, lactose and dairy.



NO CORN



NO XANTHAN GUM



TASTELESS & SMOOTH

Creates smooth thickened liquids without being slimy or gritty



DOES NOT OVER-THICKEN

Can prepare with most liquids up to 24 hours in advance

Supplement Facts

Serving size 2.4g (1 stick OR 1 scoop)

	Amount Per Serving	% Daily Value Ages 1-3*	% Daily Value Ages 4+**
Calories	10		
Total Carbohydrates	2g	1%	1%
Dietary Fiber	<1g	6%	3%
Calcium	10mg	1%	1%

* Percent Daily Values are based on a 1,000 calorie diet.

** Percent Daily Values are based on a 2,000 calorie diet.

Ingredients: Organic Tapioca Maltodextrin,
Tara Gum, Calcium Carbonate

not for use with infants under 12 months old



Thickening For
Your Lifestyle

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We Care

Helping
Families
in Need

Children denied coverage by medicaid may
apply for our patient assistance program to
purchase Purathick at a reduced cost.

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simple. tasteless. smooth.

FOR ADULTS AND CHILDREN WITH SWALLOWING DIFFICULTIES

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NATURAL THICKENER



thickens **hot** and
cold liquids



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www.purathick.com



purathick®
NATURAL THICKENER

**vs the leading
starch-based
thickener**

INSTRUCTIONS FOR PREPARATION & USE



*Always wash hands with soap
& water before preparation.*

For best results, pour desired amount of liquid into a shaker. Sprinkle Purathick powder into liquid following usage recommendations.



Cap and shake well for about 30 seconds, or until powder is completely dissolved. A frother/mixer may also be used.



Let cold liquids stand about 5 minutes until desired consistency is achieved. Warm liquids thicken up faster and can be served after about 1 minute.



Mix again before serving.

USAGE RECOMMENDATIONS

Add 2.4g (1 scoop or stick pack) to:

1 SLIGHTLY THICK (thin nectar)	7 - 8 fl oz
2 MILDLY THICK (nectar)	5 - 6 fl oz
3 MODERATELY THICK (honey)	3 - 4 fl oz
4 EXTREMELY THICK (pudding)	2 fl oz

Instructions may need to be adjusted based on the viscosity of the original diet

TIPS FOR USE

When shaking is not ideal, like for hot coffee or for nutritional supplements that tend to foam, use a handheld frother/mixer instead. Add the powder to the liquid, submerge the mixer, then turn on until powder is completely dissolved.

Advanced Preparation

Most liquids can be prepared up to 24 hours in advance. Store thickened liquids in a clean, sealed container in the refrigerator. Thickened water may be stored at room temperature.

Purathick is freeze-thaw stable, so can be used to make thickened ice cubes or popsicles.

(Based on SIX 8 oz glasses per day)

80 Calories	240 Calories
16g Carbs	64g Carbs
19.2 grams	72 grams
Volume Added	



Order Free Sample Packs at www.purathick.com.

Use the following coupon code:

FREESAMPLE

Limit 1 coupon per user. Cannot be used in conjunction with other coupons. Valid only at healthierthickening.com.



For more tips and recipes, visit purathick.com.