



purathick®
NATURAL THICKENER

thickens **hot** and **cold** liquids

SIMPLE, QUALITY INGREDIENTS

Plant-based, non-GMO and certified Kosher, Purathick is free of common allergens including corn, wheat, gluten, soy, casein, lactose and dairy.

 **NO CORN**  **NO XANTHAN GUM**

TASTELESS & SMOOTH

Creates smooth thickened liquids without being slimy or gritty

DOES NOT OVER-THICKEN

Can prepare with most liquids up to 24 hours in advance

Supplement Facts

Serving size 2.4g (1 stick OR 1 scoop)

	Amount Per Serving	% Daily Value Ages 1-3*	% Daily Value Ages 4+**
Calories	10		
Total Carbohydrates	2g	1%	1%
Dietary Fiber	<1g	6%	3%
Calcium	10mg	1%	1%

* Percent Daily Values are based on a 1,000 calorie diet.

** Percent Daily Values are based on a 2,000 calorie diet.

Ingredients: Organic Tapioca Maltodextrin,
Tara Gum, Calcium Carbonate

Do not use for children under 12 months



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search for a retailer near you

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Prime



We Care

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Families
in Need**

Children denied coverage by medicaid may
apply for our patient assistance program to
purchase Purathick at a reduced cost.

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and view other available resources.



simple. tasteless. smooth.

FOR ADULTS AND CHILDREN WITH SWALLOWING DIFFICULTIES

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NATURAL THICKENER 

thickens **hot** and
cold liquids



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parapharmatech

 **www.purathick.com**



purathick®
NATURAL THICKENER

**vs a leading
starch-based
thickener**

INSTRUCTIONS FOR PREPARATION



**Always wash hands with soap
& water before preparation.**

For smooth mixing, use a
shaker bottle with a mixing
ball or a handheld frother.



Follow the recommended usage
to the side. Start with the liquid,
then sprinkle Purathick into the
liquid. Mix or shake well until
fully dissolved. When using a
frother, keep the whisk fully
submerged to avoid adding air.

Cold liquids thicken in about 5
minutes. Warm liquids thicken faster,
and can be served after 1 minute.



If settling occurs, mix again
before serving.

USAGE RECOMMENDATIONS

Add 2.4g (1 scoop or stick pack) to:

1 SLIGHTLY THICK (thin nectar)	8 fl oz
2 MILDLY THICK (nectar)	6 fl oz
3 MODERATELY THICK (honey)	4 fl oz
4 EXTREMELY THICK (pudding)	2 fl oz

Instructions may need to be adjusted based on the thickness
of the original diet.



Scan here for more Purathick recipes!
Recipes designed for use with
the IDDSI framework:
purathick.com/recipes

Advanced Preparation

- Most liquids can be prepared up to 24 hours in advance. Store thickened liquids in a clean, sealed container in the refrigerator. Thickened water may be stored at room temperature.
- Purathick is freeze-thaw stable, so can be used to make thickened ice cubes or popsicles.
- Always IDDSI flow test liquids at serving temperature.

For more tips and recipes, visit purathick.com.

(Based on SIX 8 oz glasses to mildly thick per day)



80 Calories

240 Calories



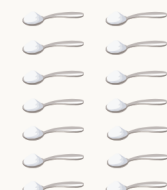
16g Carbs

60g Carbs



19.2 grams

72 grams



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be used in conjunction with
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